

NO EXCUSES

High Intermediate Clogging Line Dance

Music: No Excuses, by Meghan Trainor

Choreo: Gavin Cox (TN) and friends (Jeff Driggs-wv and Sherry Cox-TN)

Left Foot Lead, Wait 16 beats

PART A (Verse)

L	DS		R		S (XIB)		S (XIF)		STOMP (F)	
R		DS (XIB)		PULL (TO R)		S		S		STOMP
	&1 &2		& 3		4		& 5		& 6	7
L	DS	S	BO (to R)	BO (to R)	DS		PIVOT (1/2R)		TCH	CLAP
R		R	BO (to R)	BO (to R)	R		S (F)			CLAP
	&8 & 9	10		11	&12 & 13		14	15	16	

Repeat MJ Pull "Crazy", Turn N Bounce and Basic Pivot to face Front

PART B (Build)

L	DS	SL	S (XIB)	SK	UP	S	SL	SKUFF	UP	S	S
R		BR	UP	S	S	SL	SKUFF	UP	S	SL	S S
	&1 & 2	& 3		& a	4	& a	5	& a	6	& 7	& 8
L	DS	S	R	DS	R	HUH!					
R		R	DS	S	DS	S	HUH!				
	&1 & 2	&3 & 4	&5 & 6	& 7	8						

PART C (Chorus)

L	S		S	S		S	S	DTS	TCH (F)	UP
R		DTS (TURN1/2L)	S	DT (XIF)	S	S	DTS	DTS		SL
	1	a&a		2 & 3	a&	a	4 & 5	a&a	6a& a7a	& 8

Repeat Rhythm Step Turn 1/4 left

Repeat Rhythm Step Turn 1/4 left

L	S		S	S	S	BO (OTS)	BO (Together)	HUH!
R		DTS (TURN1/2L)	S	S	S (XIF)	BO (OTS)	BO (Together)	HUH!
	1	a&a		2 & 3	4 5 &	6	7	8

REPEAT PART A (Verse)

REPEAT PART B (Build)

REPEAT PART C (Chorus)

PART D (Break)

L	DS	S	S (XIB)	S		S	R
R		S (XIB)	S	S	HEEL-PIVOT (3/4R)	DS	S
	&1 &	2 & 3		& 4 5		6 & 7	& 8

Repeat Joey and Heel Pivot 3/4 to face all four walls

Continued of page 2



PART A (Verse)

MJ Pull "Crazy"

lean fwd on 6

Hands wave "crazy" on 6

Turn-n-bounce, Basic Pivot

Turn left on 8&9

hands over head point R R on 10 11

MJ Pull "Crazy"

Turn-n-bounce, Basic Pivot

PART B (Build)

Sherry Vine

Moving forward

add right Fancy Double Turn
2 Basics, Double Basic Turn

Back up on basics, turn 360 left on

Double Basic, HUH! On 8

PART C (Chorus)

Rhythm Step Turn 1/4 left

Cross

Rhythm Step Turn 1/4 left

Rhythm Step Turn 1/4 left

Rhythm Split Turn 1/4 left

Walk forward on 3 4

REPEAT A (Verse)

MJ Pull "Crazy"

Turn-n-bounce, Basic Pivot

MJ Pull "Crazy"

Turn-n-bounce, Basic Pivot

REPEAT B (Build)

Sherry Vine

2 Basics, Double Basic Turn

REPEAT C (Chorus)

Rhythm Step Turn 1/4 left

Rhythm Step Turn 1/4 left

Rhythm Step Turn 1/4 left

Rhythm Split Turn 1/4 left

PART D (Break)

Joey, Heel Pivot 3/4

Turn 3/4 right on pivot

Joey, Heel Pivot 3/4

Joey, Heel Pivot 3/4

Joey, Heel Pivot 3/4

Continued on page 2

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REPEAT PART B (Build)

REPEAT PART C (Chorus)

REPEAT PART D (Break)

last one

*heel turn
out in
both both*

REPEAT B (Build)

Sherry Vine

2 Basics, Double Basic Turn

REPEAT C (Chorus)

Rhythm Step *Turn ¼ left*

Rhythm Step *Turn ¼ left*

Rhythm Step *Turn ¼ left*

Rhythm Split *Turn ¼ left*

REPEAT D (Break)

Joey, Heel Pivot 3/4

Joey, Heel Pivot 3/4

Joey, Heel Pivot 3/4

Joey, Heel Pivot 3/4