



Intermediate

Brenda Davies

2021

Giddy on Up, Giddy on Out
 Laura Bell Bundy - "Achin' and Shakin'"

Wait 16

- INTRO** 8 Step Touches (2) S-Tch
- A** 2 {
- 1 Triple Chug (diagonally forward) (4) dS-dS-dS-chug
 - 1 Triple Stamp Stamp (back it up) (4) dS-dS-dS-Stamp-Stamp
 - (1st, diagonally Left, 2nd, Right)
 - 2 Round Outs 1/4 Left each (4) dS-Th(xf)-Th(b)-Th(os)
 - 2 Rocking Chairs 1/4 Left each (4) dS-Brush(up)-dS-RS
- B**
- 3 Stomp Slur Basics (L, R, L) (4) Stomp-slur(xb)S-dS-RS
 - 1 Cotton-eyed Joe (4) k(xf),H,k(os),H-DS-RS
 - 2 Samanthas 1/2 R each (8) DS-DS(xf)-GS(b)-ES(b)*-RS*-DS*-DS*-RS
 - 2 Crazy Triples (4) DS-DS(xf)-DS(os)-RS
- C**
- 2 Clog Over Vines (8) dS-dS(xf)-dS-dS(xb)-dS-dS(xf)-dS-RS
 - 1 Stomp (p) (Left foot) (1) Stomp (takes weight)
 - 1 Cotton-eyed Joe (4)
 - 3 Runs (in place) (1) dS
 - 1 Turning Push Off Full (R) (4) dS-RS*-RS*-RS*
- 1/2
- INTRO** 4 Step Touches (2)
- REPEAT:** A, B, C
- D** 2 {
- 2 Heel Slurs (forward) (2) Heel-Slur(together)-S
 - 2 Heel Pivots (1/4 R each) (2) Heel-Pivot-S
 - 2 Western Loop Basics (L and R) (4) dS-Loop(xb)S-dS-RS
 - 1 High Horse (8) dS-dT(xf)-dT(o)-RS-ToeSlide-dS-dS-RS
- REPEAT:** B
- E**
- 1 Clog Over Vine
 - 1 Step (R)
 - 2 Samanthas 1/2 R each
 - 2 Crazy Triples
- C*-END** 2 Clog Over Vines
- 1 Stomp (p) (Left foot)
 - 1 Cotton-eyed Joe (last 2 beats (RS) emphasized)

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|---|---|--|---|------------------------------------|
| lowercase = not weighted UPPERCASE = weighted - = separates beats * = when to turn | o = out to side f = front b = back x = cross | d = double toe S, s = step R = rock or right L = left | T, t = toe H, h = heel p = pause Tch = Toe touch | G = drag E = slide Kk = Kick |
|---|---|--|---|------------------------------------|