

Brenda Davies Basic Steps 2020

> Run (1 beat) dS

Basic (2 beats) dS-RS

Toe-Heel (2 beats) T-H

Push Off (4 beats) dS, push, push, push

lowercase = not weighted UPPERCASE = weighted - = separates beats

* = when to turn

o = out to side

f = front b = back x = cross d = double toe

S. s = stepR = rock or right

L = left

T, t = toe

H, h = heel p = pause

Tch = Toe touch

See a video of these four steps, http://manzanomesacloggers.weebly.com/beginner-step-videos.html



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